

10 Day Green Smoothie Cleanse Smoothies

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Green Smoothies | Blender Lady [â€¦] eat Low Carb. All of my smoothies are â€œGreen Smoothiesâ€œ, and I make them with low glycemic fruits. (Black Berry, Raspberry, Blueberry, [â€¦]). 10-Day Green Smoothie Cleanse: JJ Smith: 9781501100109 ... 10-Day Green Smoothie Cleanse [JJ Smith] on Amazon.com. *FREE* shipping on qualifying offers. The New York Times bestselling 10-Day Green Smoothie Cleanse. 10-Day Green Smoothie Cleanse by JJ Smith (2014): Food list A 10-day detox/cleanse made up of green leafy veggies, fruit, and water. Full (green smoothies for all meals) or modified (one solid meal.

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